

Welcome to the **April 2017** issue of OCMA Connect, our new monthly publication focusing on issues specific to Orange County physicians. We hope you enjoy our newsletter and we welcome your input. Please send your comments, ideas or questions to Holly Appelbaum at [happelbaum@ocma.org](mailto:happelbaum@ocma.org).

## President's Message

On the morning after the proposed American Health Care Act was released in early March, I happened to be in Washington, D.C. and took advantage of the opportunity to visit the Washington offices of many of our local legislators. The House and Senate office buildings were abuzz with activity as there were hundreds and hundreds of energized citizens in Washington to convey their concerns to their Senators and Congressmen.



[Learn More](#)

## Legislative Wrap-Up

More than 25 physicians and medical students from OCMA gathered in Sacramento on April 18 to bring the voice of medicine to legislators for the 43rd annual California Medical Association Legislative Advocacy Day.

Wearing white coats, physicians converged on the Capitol to educate legislators about critical health care issues, including the negative impact Governor Brown's proposed budget would have on health care in our state.



[In this video](#), Dr. Nikan Khatibi, co-chair of the OCMA Legislative Committee, provides a wrap-up of the 2017 CMA Legislative Advocacy Day activities.

Call for Nominations  
OCMA 2018

[Nominate Now](#)

Physicians of Excellence Honor

Deadline: June 1, 2017

## Revision to OCMA Bylaws

Dear OCMA Membership,

The **Bylaws Committee of the Orange County Medical Association** has reviewed and updated the organization's bylaws. **The revisions have been approved** by the Board of Directors and will be **approved at the General Membership Meeting in May**.

The revised Bylaws can be found by [clicking here](#).

### [Myhealthoc.org: A Rx for Health!](#)



**By: Christian Starks**  
**Health Education Associate**  
**County of Orange Health Care Agency**

Have you ever found yourself wanting to give your patients more information about nutrition, physical activity or even how to quit smoking? How can you provide all of that info and make sure that you always have the most current resources on hand? Well there is a website that can help with that! [myHEALTHoc.org](#), is an interactive website and online resource center for anyone in Orange County. Launched in 2014 by the Orange County Health Care Agency, the website promotes information and resources on nutrition, physical activity, and smoking cessation. The goal is to help residents in Orange County make three small changes in their daily lives that can have a significant impact on their overall health and quality of life - EAT fresh, PLAY some way, and BREATHE smoke-free, every day. The site was developed thinking about people who are busy and may not have an extra few minutes to cook up a fancy meal or head the gym for hours at a time. We know that simple, small steps can make a big difference!

[Learn More](#)



### **Welcome Michelle Laughlin - Executive Director, Network Operations**



As Executive Director of Network Operations, Ms. Laughlin is responsible for overseeing CalOptima's provider network, including management of provider contracting, provider relations and health network management. In addition, she manages CalOptima Direct and CalOptima Community Network, working closely with Orange County's provider community to ensure effective partnerships so CalOptima can meet members' needs.

Ms. Laughlin has more than 20 years of managed care expertise on both the payer and provider sides. Prior to joining CalOptima, she oversaw managed health care as Senior Account Director of the Specialty Testing Group at LabCorp for 28 states. She also served as CEO of Axiom Health Alliance and as Vice President of Network Operations for Tower Health, a Medi-Cal managed care plan.

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### **CALOPTIMA SCHOLARSHIP ESSAY CONTEST**

**Funded by CalOptima's Employee Activities Committee**

The CalOptima Employee Activities Committee is pleased to offer this scholarship opportunity to reflect our commitment to Orange County's children. We welcome entries from students pursuing careers in health care or social services. High school seniors and future or current college students may apply. Scholarships will be awarded to three students.

[Learn more](#)

## Make a difference by serving on a CMA Council or Subcommittee

The California Medical Association (CMA) is guided by the expertise of its members to make smart policy choices that influence CMA's positions on legislation, regulations and other changes to the health care system. **By serving on a council or subcommittee, CMA members can share their knowledge and expertise to directly affect health policy and help shape the future of medicine.**

**The application process** for 2017-2018 CMA council and committee positions **begins in May 2017**, with an **application deadline of June 13, 2017**. Any member of CMA may submit an application or nominate another member.

[Learn more](#)

## OCMA Welcomes Its Newest Members

**Felice Adler-Shohet, M.D.**  
Pediatric Infectious Disease  
*Orange*

**Nader Ahmed, M.D.**  
Emergency Medicine  
*Lake Forest*

**Dwight Arakaki, M.D.**  
Emergency Medicine  
*Anaheim*

**Abisola Ayodeji, M.D.**  
Anesthesiology  
*Orange*

**Dayna Chin, M.D.**  
Pediatric Hospitalist  
*Orange*

**David Chun, M.D.**  
Internal Medicine  
*Newport Beach*

**Kelly Dodge, M.D.**  
Emergency Medicine  
*Newport Beach*

**Paula Gonella, M.D.**  
Emergency Medicine  
*Newport Beach*

**Josephine Haduong, M.D.**  
Pediatric Oncology  
*Orange*

**Amy Harrison, M.D.**  
Pediatric Pulmonology  
*Orange*

**Eugene Kang, M.D.**  
Emergency Medicine  
*Newport Beach*

**Nguyen Khuu, M.D.**  
Emergency Medicine  
*Santa Ana*

**Wyman Lai, M.D.**  
Pediatric Cardiology  
*Orange*

**Gregory Lampe, M.D.**  
Emergency Medicine  
*Mission Viejo*

**Amy Lau, M.D.**  
Neonatology  
*Orange*

**Emilina Lim, M.D.**  
Pediatric Rheumatology  
*Orange*

**Jina Lim, M.D.**  
Neonatology  
*Orange*

**Mark Little, M.D.**  
Anesthesiology  
*Laguna Woods*

**Keith McCarty, M.D.**  
Emergency Medicine  
*Anaheim*

**Eric Mervis, M.D.**  
Emergency Medicine  
*Mission Viejo*

**Wendy Ng, M.D.**  
Plastic Surgery  
*Anaheim*

**Ashley Plant, M.D.**  
Pediatric Oncology  
*Orange*

**Alex Quan, M.D.**  
Internal Medicine  
*Garden Grove*

**Javier Rangel, M.D.**  
Emergency Medicine  
*Anaheim*

**Harry Rauch, M.D.**  
Child Psychiatry  
*Irvine*

**Robert Realmuto, M.D.**  
Emergency Medicine  
*Fountain Valley*

**Dalbir Singh, M.D.**  
Neonatology  
*Orange*

**Joanne Starr, M.D.**  
Pediatric Thoracic  
*Orange*

**Shuichi Suzuki, M.D.**  
Radiology  
*Orange*

**Sneha Taylor, M.D.**  
Neonatology  
*Orange*

**Dean Todd, M.D.**  
Pediatric Hospitalist  
*Orange*

**Purificacian Tumbaga, M.D.**  
Neonatology  
*Orange*

**Tim Weaver, M.D.**  
Anesthesiology  
*Orange*

**Minkkwan Wungwattana, M.D.**  
Pediatric Hospitalist  
*Orange*

### New and Noteworthy: Books by OCMA members

Many OCMA members are physicians who write more than prescriptions. OCMA has dedicated this space to promote new releases by OCMA members.



If you are a member of OCMA who has recently released a book that you would like to announce here, please forward your name, the title of your book and website for the book to Holly Appelbaum at [happelbaum@ocma.org](mailto:happelbaum@ocma.org).

### Business Partner Profile: Sunwest Bank



Under its Professional Practice Group, **Sunwest Bank** provides a variety of banking services to help businesses during times of change or growth, including the acquisition of a practice, expansion or relocation of a practice, buy-in or buy-out partner loans, consolidation of business debt, upgrading equipment, systems or technology, building equity with commercial real estate financing and specialized depository products through our treasury division.

For advanced business needs, **Sunwest Bank** has developed **SAPPHIRE Banking, a product designed to serve the needs of busy medical professionals and executives who require sophisticated products and solutions to meet their banking needs.** SAPPHIRE clients are paired with an individual banker to coordinate all personal and professional banking needs, ensuring quality service and relationships.

**Benefit:** As an OCMA Preferred Business Partner, **Sunwest Bank's** Professional Practice Group will provide customized financing and expert project support for members' medical practices. Call to inquire about the current special offers **Sunwest Bank** has available to members of the Orange County Medical Association.

**Contact:** **Denise McCanless, VP Relationship Manager at 714-730-4412,**  
[dmccanless@sunwestbank.com](mailto:dmccanless@sunwestbank.com)

### Physicians Volunteers Needed

**U.C. Irvine's Alpha Epsilon Delta and Free Clinic Project** are recruiting physicians to **volunteer** for a **free health fair** scheduled for **Saturday, May 13** from 10:00 a.m. to 3:00 p.m. at 12741 Main Street, Garden Grove. At least 150 people are expected to attend, speaking primarily Spanish, Vietnamese, or English.

It is our honor to invite physicians of the Orange County Medical Association to participate by providing free consultations. Much of the Garden Grove population lives with minimal access to adequate health care and as a free clinic, our goal is bridge this gap. We can provide ample boothing space for you with outlets You would not be required to stay the entire time if your schedule does not permit. **If you are willing to volunteer your time, please contact Oluwaseun Adegbite** at [oadegbit@uci.edu](mailto:oadegbit@uci.edu) where more information will be provided!

We look forward to hearing from you. Thank you.

UCI Alpha Epsilon Delta & Free Clinic Project  
Present

# Free Health Fair

May 13th, 2017

12741 Main St, Garden Grove, CA 92840 • 10AM-3PM

UC Irvine's Alpha Epsilon Delta and Free Clinic Project are partnering with the American Heart Association, ABC Adult School, APAMSA at the UCI School of Medicine, APAIT, Vietnamese American Cancer Foundation, and Western University of Health Sciences to bring you our Free Health Fair. Attendees will benefit from early detection, preventative health screenings and educational opportunities.

**SCREENINGS AND MEASUREMENTS**

Blood Glucose • Blood Pressure • Body Mass Index  
Hepatitis B/C • Skin Cancer Screening • Anemia • AIDs

**INFORMATION SESSIONS**

Mental Health  
Nutrition

**CONSULTATIONS**

Osteopathic Medicine by Dr. Steven Lam D.O.  
Dermatology by Dr. Kenneth Linden M.D.

FREE SERVICES • FREE FOOD • RAFFLES!

National Presenting Sponsor  
**THE PHYSICIANS FOUNDATION**

WESTERN  
**Health Care**  
LEADERSHIP ACADEMY

“  
Exceptional conference with tremendous speakers that ignite the passion of medicine. Well worth the time attending and look forward to the next one.  
”

Minh Q. Nguyen, DO, FACOEM  
Vice President of Medical – West Division  
U.S. HealthWorks

MARRIOTT MARQUIS SAN DIEGO MARINA | MAY 5-7, 2017 **REGISTER**

To register, click [here](#).

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