



Welcome to the **January 2019** issue of *OCMA Connect*, our monthly publication focusing on issues specific to Orange County physicians. We hope you enjoy our newsletter and we welcome your input. Please send your comments, ideas or questions to Holly Appelbaum at happelbaum@ocma.org.

President's Message

By: Paul B. Yost, M.D., OCMA President

Happy New Year to all! 2018 was an extremely eventful year filled with firsts, milestones, and political changes!

In 2018, we opened our new offices at 5000 Campus Drive, Newport Beach, CA 92660. OCMA did this on time and on budget! Many thanks to Dr. Chris Celio and the OCMA building/executive committee! Our new home is right sized, classy, and most importantly fiscally responsible! If you have not visited the new offices, **please stop by!!** We have made incredible use of our new home and in the first year we have already



- Organized 10 seminars/workshops/programs to address the major issue of physician burnout through our **Physician Wellness Program**. Over 200 physicians attended throughout 2018.
- OCMA organized and held **18 business partner workshops**
- Held two **political fundraisers** - Congressman Lou Correa and State Senator Janet Nguyen
- Secured a compatible **long-term tenant** for the surplus 2600 SF of our building.

[Learn More](#)



CalOptima Offers Incentive to Screen for Clinical Depression in Adolescents

New requirements regarding depression screening for adolescents continue to emerge. The U.S. Preventive Services Task Force (USPSTF) recently published a final recommendation for screening depression in children and adolescents, which concluded that **screening for major depressive disorder in adolescents aged 12 to 18 years has a moderate net benefit.**

In addition, the **Healthcare Effectiveness Data and Information Set (HEDIS®) introduced the Depression Screening and Follow-up for Adolescents and Adults (DSF) measure in 2017.** This measure requires members to be screened for clinical depression using a standardized tool and, if screened positive, to receive follow-up care. The Department of Health Care Services (DHCS) has also selected DSF as part of the External Accountability Set (EAS) to evaluate the quality of care delivered by CalOptima to its members.

As a result, **CalOptima launched its Screening for Clinical Depression in Adolescents Physician Incentive Program last year.** The program addresses children's mental health and

is designed to increase the rate of depression screening at the annual visit of members who are turning 12 years old, the beginning age of adolescence.

Pediatricians who participate receive an incentive payment of \$50 upon completion of the screening and submission of a special claim to CalOptima. Supported by a \$1,000,000 allocation by CalOptima's Board of Directors, the program began May 1, 2017, and to date has provided incentive payments for a total of 6,336 depression screenings.

If you have questions regarding the program, utilization of the assessment tools and claims, or if you need additional materials, please contact CalOptima's Behavioral Health Integration department at **657-900-1097** or email behavioralhealth@caloptima.org

New and Noteworthy: Books by OCMA Members

Many OCMA members are physicians who write more than prescriptions. OCMA has dedicated this space to promote new releases by OCMA members.



If you are a member of OCMA who recently has released a book that you would like to announce here, please forward your name, the title of your book and website for the book to Holly Appelbaum at happelbaum@ocma.org.

Business Partner Profile



Mercer Health & Benefits Insurance Services LLC

The **Orange County Medical Association works with Mercer** as the broker and plan administrator for the **sponsored insurance programs**. Mercer offers best-in-class insurance plans to protect you, your practice, and your family!

OCMA works with Mercer and the insurance carriers to design and implement insurance plans that **meet the coverage needs of physician members**. Help support the practice of medicine by purchasing your insurance through OCMA's sponsored program. The following is a **brief overview of the insurance plans available to assist you:**

- * Workers' Compensation
- * Small Group Health Insurance
- * Cyber Liability
- * Individual and Family Health Insurance
- * Business Owners Package
- * Level Term Life Insurance
- * Business Overhead Insurance
- * Long Term Care
- * Long Term Disability
- * Dental

Contact Mercer for more information regarding your specific situation and needs, and to find out how you can increase coverage, reduce premiums, or both today!

Visit CountyCMAMemberInsurance.com

E-mail CMACounty.Insurance.service@mercer.com or

Call a **Client Advisor at 800-842-3761.**

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