



Welcome to the **January 2020** issue of *OCMA Connect*, our monthly publication focusing on issues specific to Orange County physicians. We hope you enjoy our newsletter and we welcome your input. Please send your comments, ideas or questions to Holly Appelbaum at [happelbaum@ocma.org](mailto:happelbaum@ocma.org).

## President's Message

By: **Diana E. Ramos, MD, MPH**

*"2020 shouldn't just be about vision. It should also be about seeing what the New Year can bring."*

- Anthony T. Hincks

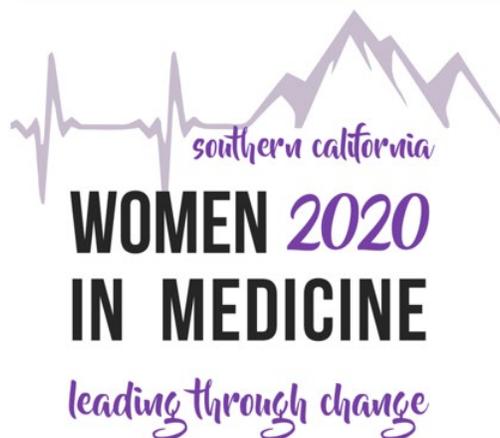


By now we are all well into the new year. Here at OCMA we hit the year running. **We look forward to supporting and partnering with you to help make your 2020 a successful personal and professional year.** If you have suggestions about how OCMA can best serve the needs of Orange County physicians, please send us an email at [ocma@ocma.org](mailto:ocma@ocma.org).

On January 29th, we will be holding our 16th **Physicians of Excellence** Honorees' Reception. **562 physicians** will be honored for their **dedication and services to their profession and their patients, and commitment to the community.** The 2020 Physicians of Excellence list was published in the January 2020 issue of Orange Coast magazine. For those of you who want more information about the **2021 POE cycle**, please keep an eye out for the announcement soliciting nominations for this honor or contact Holly Appelbaum at (949) 398-8100 ext 106.

[Learn more](#)

Save the Date



Friday, March 20, 2020  
Hotel Irvine, 17900 Jamboree Road, Irvine, CA

In November 2018, the **first "Women in Medicine"** conference was a **big success** and attended by more than 115 women physicians, residents, medical students and even some high schoolers interested in a career in medicine. **Mark your calendars** now for the **"Women in Medicine 2020"** conference scheduled for **Friday, March**

20th at Hotel Irvine. [Click here](#) for the **conference agenda and early-bird registration information.**

## CDC Advisory: Outbreak of Novel Coronavirus in Wuhan, China



Please see the **CDC advisory** below regarding the **outbreak of novel coronavirus in Wuhan, China**. Providers should **notify** the Orange County Health Care Agency, **Communicable Disease Control Division at 714-834-8180 immediately with any suspect case.**

[Learn more](#)

## CalOptima Launches the Health Homes Program (HHP)



**CalOptima**  
A Public Agency Better. Together.



**HEALTH HOMES IS NOT A PLACE.**  
It is a set of services that provides support and resources to better coordinate your care.

### WHO CAN JOIN HHP?

#### Members must:

1. Have Medi-Cal coverage and be enrolled in CalOptima
2. Have certain health conditions:
  - » Chronic physical condition or combination of these conditions (such as asthma, diabetes, kidney or liver disease, hypertension, heart failure, substance use disorder (SUD), etc.) or
  - » Serious mental illness (SMI)
3. Have been in the hospital, had visits to the emergency department, or experiencing chronic homelessness

### WHEN CAN YOU JOIN HHP?

In Orange County, **eligible members can join HHP no sooner than:**

1. January 1, 2020, for members with chronic conditions only and
2. July 1, 2020, for those with serious mental illness (SMI), with or without chronic conditions

### HOW TO SIGN UP FOR HHP

**If you would like to receive these new services and sign up for HHP:**

- Please let your doctor know. If you qualify, your doctor can refer you to CalOptima or your health network.
- You can also call CalOptima or your health network to see if you qualify for HHP.

The program is voluntary, and you can stop these HHP services at any time.

Contact CalOptima's Customer Service department toll-free at 1-888-587-8088, Monday through Friday from 8 a.m. to 5:30 p.m. We have staff who speak your language. TTY users can call toll-free at 1-800-735-2929. Visit us at [www.caloptima.org](http://www.caloptima.org).

MCL MM-19-775, DHCS Approved 09.26.2019, HHP Factsheet



On January 1, 2020, **CalOptima launched the Health Homes Program (HHP), which offers extra services to members with certain chronic health and/or mental health conditions** who have high health care needs and/or experience homelessness. HHP includes person-centered coordination of physical health, behavioral health and community-based long-term services and supports.

**CalOptima members with chronic conditions and substance use disorders (SUD) can join CalOptima's HHP right now** while members with serious mental illness (SMI) can join beginning on July 1, 2020.

**Members who enroll in HHP will receive a care team** - including a care coordinator - who work together to help members get the health care and social services they need. CalOptima's health networks, acting as community-based care management

entities, (CB-CMEs), will deliver HHP services.

**Eligible members must have Medi-Cal coverage, must be enrolled in CalOptima, have been in the hospital, or had visits to the emergency department or experiencing chronic homelessness with certain health conditions:** chronic physical condition or a combination of these conditions (such as asthma, diabetes, kidney or liver disease, hypertension, heart failure, SUD, etc.) or SMI.

[Learn more](#)

## New and Noteworthy: Books by OCMA Members

Many OCMA members are physicians who write more than prescriptions. OCMA has dedicated this space to promote new releases by OCMA members.

If you are a member of OCMA who recently has released a book that you would like to announce here, please forward your name,



the title of your book and website for the book to Holly Appelbaum at [happelbaum@ocma.org](mailto:happelbaum@ocma.org).



### Even with the Best Preparation, Errors Will Happen

**The Cooperative of American Physicians, Inc. (CAP)** is pleased to share the following featured "**Case of the Month**" article encapsulating the back story and outcome of an actual medical liability claim.

*When this column addresses adverse events, we frequently try to identify some action or inaction that, if addressed differently, might have led to a better outcome. Though thankfully rare, errors nevertheless can occur even with a spotless work-up.*

*A 53-year-old patient first visited Dr. GS, a general surgeon, complaining of a lump in her right breast. An ultrasound from two months earlier showed a lesion at 10 o'clock, and upon examination, Dr. GS noted a small but definite non-mobile mass. Dr. GS recommended an excision and several months later, he performed a right breast lumpectomy. [Read More](#).*

Interested in reading more case studies? [Request a free copy](#) of *Medicine on Trial*, a publication featuring more than 80 litigated cases summarized by CAP's General Counsel, Gordon Ownby that physicians can learn and benefit from.

As a leading California medical professional liability provider, CAP is committed to protecting our physician members with superior coverage. CAP members also receive valuable risk and practice management benefits specially designed to help physicians succeed.

Find out how much you can save by switching your medical malpractice coverage to CAP. Request an [instant quote](#) on our website or call **800-356-5672**.

### Business Partner Profile

#### NetServe Systems, Inc.



Irvine based information technology firm **NetServe Systems, Inc.** offers **OCMA physician members a wide variety of quality IT products and services**; each highly customizable and designed to help busy physicians protect their practices and the important medical data they store. NetServe's healthcare practice area is structured to directly address the unique IT needs of doctors' offices. Fixed monthly fees allow members to budget and plan ahead.

**Benefit:** OCMA members may receive complimentary network infrastructure consultations and **discounted rates of up to 20%** on a wide range of IT managed

services solutions including a variety of managed service plans, network infrastructure design and implementation, IT roadmaps, network security solutions, CIO advisory services, data protection and security, and HIPAA compliance and certification.

Contact: Linda Duong, 949-752-6788; [www.netservesystems.net](http://www.netservesystems.net)

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