



Welcome to the **July 2019** issue of *OCMA Connect*, our monthly publication focusing on issues specific to Orange County physicians. We hope you enjoy our newsletter and we welcome your input. Please send your comments, ideas or questions to Holly Appelbaum at happelbaum@ocma.org.

Meet Diana E. Ramos, M.D., MPH OCMA President

On July 1, 2019, **Diana E. Ramos, M.D., MPH** took office as the **130th President** of the **Orange County Medical Association**. In order to introduce Dr. Ramos to the OCMA membership, OCMA staff conducted a brief interview.



[Learn more](#)



REGISTER NOW for the 2019 NEPO SUMMIT

The **2019 Network of Ethnic Physician Organizations (NEPO) Summit** will be held **August 23-24** at the **Westin Pasadena**. This year's theme is "**Standing Up for Health Care in California.**"

The two-day summit is an innovative educational event for physicians, public health professionals, advocates and community leaders that offers **policy and best practices for reducing health disparities, building diversity in the workforce and increasing cultural competency in clinical care.**

NEPO room block reservations for Friday, Aug. 23, can be made at the discounted price of \$177 by [clicking here](#). We have also set up a small block for Thursday, Aug. 22, for the discounted price of \$379. To reserve your room for Aug. 22 please call (626) 304-1403.

For assistance with registration, please call (800) 786-4262 or E-mail memberservice@cmadocs.org.

For any other questions, please E-mail nepo@phcdocs.org.

SAVE THE DATE

OCMA's 2nd Annual "Women in Medicine" Conference

Friday, March 20, 2020

Hotel Irvine, 17900 Jamboree Road, Irvine

CalOptima Launches Whole-Child Model Starting July 1, 2019 California Children's Services will be provided by CalOptima



CalOptima
Better. Together.

On July 1, 2019, California Children's Services (CCS) became a part of CalOptima's Medi-Cal plan under the Whole-Child Model (WCM) program. CCS is a statewide program for children with certain medical conditions. Prior to July 1, CCS services were separate from most Medi-Cal managed care plans, including CalOptima. The Orange County Health Care Agency (OC HCA) managed the Orange County's CCS program. CCS provides medical care, case management, physical/occupational therapy and financial assistance.

The goal of WCM is to improve health care coordination for the whole child, rather than handle CCS conditions separately. OC HCA will continue to determine eligibility and manage the Medical Therapy Program. CalOptima and OC HCA continue to work diligently on a seamless transition for CalOptima children and families.

CalOptima is committed to keeping our stakeholders informed and providing opportunities for feedback. **Efforts for WCM include:**

- * Member notices and call campaign to keep members informed
- * Individual and group provider trainings
- * Operational and clinical trainings to CalOptima's delegated health networks
- * Participation in community meetings
- * Established a Family Advisory Committee and a Clinical Advisory Committee
- * Regular meetings with stakeholders to ensure appropriate care coordination

CalOptima is pleased to provide CCS services to our members through the WCM program. **We would like to convey our thanks** to our stakeholders for their support and hard work on implementing the July 1 launch of the WCM program!

WHOLE-CHILD MODEL (WCM) STARTS JULY 1, 2019

Starting July 1, 2019, California Children's Services (CCS) will be provided by CalOptima. CalOptima, A Public Agency.

Your child's CCS coverage will remain the same	What's new for your child under WCM	What you need to do
Medicines	A Personal Care Coordinator to answer your questions and arrange services	Keep taking your child to doctor appointments
Specialized or Customized Durable Medical Equipment (DME)	A Care Team working together with you and your child's providers	Continue your child's use of supplies and medication based on doctor's orders
CCS Eligibility requirements	A Care Plan as a roadmap of your child's care and health goals	Call CalOptima if your child has an appointment or needs supplies or medicines right after July 1, 2019
Access to contracted CCS hospitals and clinics	Clinical support from a Nurse Case Manager as needed	Call your current provider if your child needs additional services
Access to contracted CCS-providers	Primary care services through your Specialist to coordinate all care	Call CalOptima if you have any questions about WCM
Medical Therapy Program (MTP)	Approval for some services before your child receives them	Contact CalOptima's Customer Service department toll-free at 1-888-587-8088, Monday through Friday from 8 a.m. to 5 p.m. We have staff who speak your language. TDD/TTY users can call toll-free at 1-800-735-2929. Visit us at www.caloptima.org .
	A WCM Family Advisory Committee with volunteers who provide input to CalOptima about WCM	

MCAL MM-19-522_DHCS Approved 05.29.2019_WCM Infographic

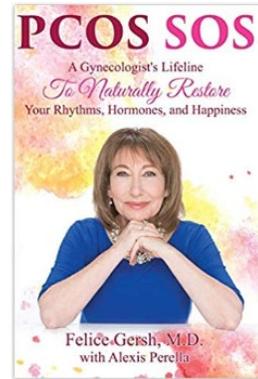
If you have any questions or feedback regarding the WCM program, please contact CalOptima Business Integration at businessintegration@caloptima.org.

More information about WCM is available by [clicking here](#).

New and Noteworthy: Books by OCMA Members

Many OCMA members are physicians who write more than prescriptions. OCMA has dedicated this space to promote new releases by OCMA members.

Felice Gersh, M.D. (with Alexis Perella) recently released ***PCOS SOS: A Gynecologist's Lifeline to Naturally Restore Your Rhythms, Hormones, and Happiness.***



About the book:

10% of all women have PCOS, making it the most common female endocrine disorder and cause of female infertility in the world. Women with PCOS may suffer from acne, menstrual irregularity, infertility, obesity, autoimmune disease, diabetes, and heart disease. Traditionally, doctors treat symptoms one at a time, often with a new regime of pills for each symptom. This approach never addresses the underlying causes of PCOS so women are medicated but never healed.

With decades of experience as a board-certified OB-GYN and Integrative Medicine doctor and with the knowledge gained from her personal PCOS journey, Dr. Felice Gersh has helped thousands of women lose weight, heal their acne, reverse their chronic diseases, and reclaim their fertility.

In seven simple but revolutionary steps, PCOS SOS shows women how to beat PCOS naturally, replacing pills with powerful and scientifically-backed lifestyle interventions that harness the body's capacity to heal. Practical, easy-to-understand, and even easier to follow, PCOS SOS is the guide that will help each woman with PCOS chart her personal journey to true health and wellness.

To purchase a copy of Dr Gersh's book, [click here](#).

If you are a member of OCMA who recently has released a book that you would like to announce here, please forward your name, the title of your book and website for the book to Holly Appelbaum at happelbaum@ocma.org.

The advertisement has a teal background. On the left, the text reads 'Is Your HR Manual Up to Date?' in white, followed by 'Get Your Free HR Manual Now!' in a larger, bold white font. In the bottom left corner is the logo for the Cooperative of American Physicians, which consists of a circular emblem with a stylized 'C' and the text 'COOPERATIVE OF AMERICAN PHYSICIANS' below it. On the right side, there is an illustration of several stacks of books in various colors (red, green, yellow, blue) and two orange cardboard boxes, one of which is open. A red mug is also visible in the foreground.

Time to Clean Up Your HR Practices!

The Cooperative of American Physicians, Inc. (CAP) is pleased to offer the **2019 Human Resources Manual for Medical Practices** to help members of the Orange

County Medical Association and their staff implement proper HR procedures and policies that can help improve every aspect of your business operations.

As a leading California medical professional liability provider, **CAP is committed to protecting our physician members with superior coverage.** CAP members also receive valuable risk and practice management benefits specially designed to help physicians succeed!

Learn more about how CAP can support your practice by **downloading our free customizable HR manual** today!

Download the 2019 Human Resources Manual for Medical Practices at www.CAPphysicians.com/hr13.

Business Partner Profile

Beacon Pointe Private Wealth Advisors



BEACON POINTE

At Beacon Pointe Private Wealth Advisors, we have the opportunity to work with many physicians, medical groups, and families to help safeguard our private client's financial lives!

Orange County Medical Association works with Beacon Pointe to ensure their physician members have access to the highest quality investment managers and financial planners giving all participating members the most in depth services available.

Services included for Orange County Medical Association members:

- * Private Wealth Management
 - o Investment Selection and Portfolio Management
 - o Comprehensive Strategic and Financial Planning
 - o Ongoing Monitoring and Oversight
- * Institutional Consulting Services
 - o Investment Policy Statements
 - o Asset Allocation Modeling
 - o Performance Management
 - o Board, Committee, and Staff Education
- * Retirement Plan Consulting
 - o 401(k) and 403(b) Plan Evaluation
 - o Fiduciary Oversight and Operational Efficiency
 - o Plan Participant Education

***These services are discounted for OCMA members** and all initial reviews are complimentary!

Contact Mitchell Hughes to see if you or your group is a good fit. (949) 478-7423 | mhughes@beaconpointe.com

Join me for "Estate Planning: Ensuring Your Trust and Estate are Up to Date" on Thursday, August 22, 2019, at 6:00 p.m., at the OCMA building. [Click here](#) for more information and to register. It's free for OCMA members.

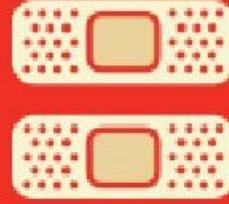


The Doctors Company Survey: What do you feel are the risks and benefits of artificial intelligence in healthcare?

Physicians, we want to hear from you. **What do you feel are the risks and benefits of artificial intelligence in healthcare?** Please lend your valued opinion in this brief five-question survey from The Doctors Company by **July 29**:

<https://survey.thedoctors.com/f/1416806/5180/>

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