

# OCMA Connect

*E-news from the Orange County Medical Association*

Welcome to the **November 2016** issue of OCMA Connect, our new monthly publication focusing on issues specific to Orange County physicians. We hope you enjoy our newsletter and we welcome your input. Please send your comments, ideas or questions to Holly Appelbaum at [happelbaum@ocma.org](mailto:happelbaum@ocma.org).

## Executive Director's Message

In this video, OCMA executive director, Jim Peterson, presents an overview of a few of OCMA/CMA's successes in 2016. In addition, he takes a look forward at what is on the horizon for OCMA/CMA in 2017 - and why you should renew your membership today.

[Learn More](#)



## 2016 Election Wrap-up

Dear OCMA Members:

On behalf of your Legislative Committee, I would like to update you on OUR successes this election year. Together, we voted to:

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## Outbreak of Meningococcal Disease in Men Who Have Sex With Men in Southern California in 2016



**By: Matthew Zahn, M.D.**  
**Medical Director, Epidemiology and Assessment**  
**Orange County Health Care Agency**

This year's outbreak of serogroup C invasive meningococcal disease (IMD) affecting the men who have sex with men (MSM) population in Southern California highlights the risk of IMD in this population. 27 cases have been identified in

Southern California residents, including seven cases in Orange County.

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## Residents' Corner

Hello Orange County Residents!

My name is Duy Nguyen and I'm currently a second year family medicine resident at Kaiser Permanente Orange County. I also have the privilege of serving as the resident representative for the Orange County Medical Association.



OCMA is a passionate group of physicians who volunteer their time to improve the lives of both physicians and their patients in Orange County. We are active in the legislative process, flying to Sacramento and Washington D.C. yearly to ensure that our representatives listen to our concerns and lobby for the changes we believe in. Dr. Darla Holland, our current president, is dedicating her efforts this year to specifically promote physician wellness with events that tackle the physician burnout epidemic. OCMA also empowers physicians to realize their greater potential through a variety of seminars that help to familiarize the unfamiliar, such as "Creating Your Legacy" and adapting to the ever-changing digital environment.

[Learn More](#)



### Understanding CalOptima Community Network

CalOptima launched the CalOptima Community Network (CCN) in March 2015 to increase flexibility for doctors and to serve Medi-Cal members with new or expanded benefits.

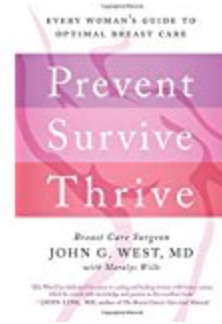
[Learn More](#)

## New and Noteworthy: Books by OCMA members

Many OCMA members are physicians who write more than prescriptions. OCMA has dedicated this space to promote new releases by OCMA members.

**John G. West, M.D.** recently released *Prevent, Survive, Thrive: Every Woman's Guide to Optimal Breast Care*.

For more information about the book or where you may purchase a copy, please visit [www.breastcare.com](http://www.breastcare.com)



If you are a member of OCMA who has recently released a book that you would like to announce here, please forward your name, the title of your book and website for the book to Holly Appelbaum at [happelbaum@ocma.org](mailto:happelbaum@ocma.org).

## OCMA to hire full-time Member Benefit Coordinator

After nearly five years of part-time service to OCMA, Mitzi Young now will be providing her service and expertise to the San Bernardino County Medical Society. All of us with OCMA want to thank Mitzi for her hard work and dedication to helping our member physicians with their economic and practice needs.

**The good news is that OCMA soon will be hiring a full-time member benefit coordinator to provide similar service to our solo and small group physician members.** The position is being created now with the goal of having the individual on staff sometime in January of 2017. In the meantime, never hesitate to contact OCMA if there is anything we can assist you with or questions you need answered. You also may call CMA's Center for Economic Services (CES) at (800) 786-4262. CES is staffed by professionals to assist you with any questions or concerns you have with billing, receiving payment or other contract and economic issues.

## OCMA Welcomes Its Newest Members:

**Theodore Chen, MD**  
Otolaryngology  
*Irvine*

**Sujata Lalla-Reddy, MD**  
Infectious Diseases  
*Fountain Valley*

**Anjali Monga, MD**  
Pediatrics  
*Irvine*

**Paul Kim, MD**  
Radiation Oncology  
*Tustin*

**Ted Lee, MD**  
Family Medicine  
*Huntington Beach*

**David Salvay, MD**  
Ophthalmology  
*Newport Beach*

**Vijay Kini, MD**  
Radiation Oncology  
*Tustin*

**Robert Milanes, MD**  
Family Medicine  
*Irvine*

**Business Partner Profile:**  
**Acentec, Inc. - Improving Medical Practice  
Performance®**



**Acentec is a healthcare services company meeting the needs of OCMA members for more than a decade. Our HIPAA compliance program is complete, affordable, and features our exclusive A.N.D. Security and Compliance Appliance.**

Coupled with our decades of experience managing medical office IT networks, we provide a cost effective, experienced and secure solution to help providers work quickly and efficiently from wherever they are. OCMA members receive a 25% discount off of our HIPAA compliance services. We're also proud to be partnered with CAP. Ask us how your CAP membership can save you even more.

**For more information, contact Jeff Mongelli, CEO, at (949) 474-7774.**