

Welcome to the **November 2017** issue of OCMA Connect, our monthly publication focusing on issues specific to Orange County physicians. We hope you enjoy our newsletter and we welcome your input. Please send your comments, ideas or questions to Holly Appelbaum at happelbaum@ocma.org.

Message from OCMA Executive Director Jim Peterson:

OCMA Moves to New Facility on February 1, 2018

We are very excited to announce that **OCMA will be moving to its new home on February 1, 2018**. Our new location is **5000 Campus Drive in Newport Beach**, just a short distance from our current location in Irvine.



The project has been one of the main focuses for the board and staff the past eighteen months and we are very pleased with the results. 5000 Campus Drive is an **8,040 SF facility, completely renovated to meet our needs** with ample office and impressive conference room space. It is a stand-alone facility in the Newport Corporate Plaza so there is plenty of parking for our meetings and other events.

It has been designed with functionality and cost-effectiveness in mind. We also will be leasing just under 3,000 SF to generate revenue which will help provide financial stability for OCMA and allow us to increase member benefits to our physicians and their staff.

I want to **thank the OCMA board members for their support** and **especially want to recognize Chris Celio, M.D.**, who has served as chair of the building committee. We look forward to the **open house sometime in late spring** after we get settled.



Congratulations Nikan Khatibi, D.O. 2017 EMOS Annual Physician Leadership Achievement Award Recipient

On October 20, 2017, during the **NEPO Summit Awards Luncheon**, OCMA Board member **Nikan Khatibi, D.O.**, was presented with the **2017 Ethic Medical Organization Section (EMOS) Annual Physician Leadership**

Achievement Award.

This annual award emphasizes **increasing access to care, decreasing disparities, and increasing cultural competency**. In addition, EMOS has a **particular focus on the nominee's engagement in organized medicine**.

[Click here](#) to read the letter nominating Dr. Khatibi for this award.



The Hepatitis A Outbreak in San Diego and Orange County's Public Health

Response

Matt Zahn, MD
Medical Director
Epidemiology and Assessment
Orange County Health Care Agency

San Diego's hepatitis A virus (HAV) outbreak now claims 546 cases and 20 deaths, with cases still being reported. Weekly case rates are finally dropping there as the outbreak passes its one-year mark. Homeless and illicit drug-using populations continue to be disproportionately affected. **This outbreak is notable for several reasons.** Both the size of the outbreak and its ongoing epidemiology, with multiple generations of illness over several months, and spread of HAV to other parts of the state and country, are distinct from HAV outbreaks usually seen in the United States. **And both the hospitalization rate of 68% and the mortality rate of 3.7%, with 20 deaths (data as of November 20, 2017), are far higher than is generally reported for HAV disease.** Mortality has primarily been seen in persons infected who had underlying liver disease, particularly chronic infection with hepatitis B or C.

[Learn More](#)



CalOptima and CEHR Incentives Help Local Doc Improve Patient Care

More than \$60,000 awarded to assist in meeting certified electronic health record meaningful use requirements

Through the **CalOptima TechAssist Program**, Anaheim pediatrician **Dr. Jason Khamly has successfully met all certified electronic health records (CEHR) meaningful use requirements.** This milestone not only classifies him as a pioneer in effectively navigating the CEHR meaningful use process, **it also awarded his 30-year-old practice with assistance incentive dollars valued at more than \$60,000.**

[Learn more](#)

CMA Physicians' Confidential Assistance Line

Are you a physician or a dentist or their spouse who is trying to live with the following problems?

- * Depression/Anxiety/Anger?
- * Alcoholism?
- * Drug Abuse?
- * Severe Stress?

You are not alone. You and your family are important. Asking for help is one of the most difficult and heroic things you can do.

[Learn More](#)

New and Noteworthy: Books by OCMA Members

Many OCMA members are physicians who write more than prescriptions. OCMA has dedicated this space to promote new releases by OCMA members.



If you are a member of OCMA who recently has released a book that you would like to announce here, please forward your name, the title of your book and website for the book to Holly Appelbaum at happelbaum@ocma.org.

Business Partner Profile



Mercer

Health Insurance Open Enrollment Has Started!

It's time to ensure that you have your health insurance coverage in place for 2018!

If you are looking to renew an individual and family plan or you need to get new coverage, you can do so during the **Open Enrollment Period from November 1st to December 15th**. Visit www.CMACountyHealth.com to see the plans available and to enroll online through the site with the health plan of your choice.

If you have **small group coverage** why not let **Mercer** research the market, work with you in selecting the right plan designs, and assist you in managing your employee benefits including group health insurance?

We have experience working with hundreds of physician offices just like yours, and can help you find a plan that is cost effective, allows you to find the healthcare caregivers that you want to see, and provides the benefits that you need to run your practice! There are hundreds of different plan designs, utilizing different provider networks from the major health insurers. And, we offer one stop shopping!

If you are currently offering a group health insurance plan, we can become your broker by way of a broker of record letter, and you can begin to utilize our services with or without changing your current plans, and benefit OCMA and the practice of medicine today.

Due to the new Executive Order regarding health care, legislation may change to allow true Association Health Plans (AHPs) to reemerge in the market. As they become available, we will make these benefits accessible to you as a member of the Orange County Medical Association.

Reach out today for more information! **Call a Client Advisor at 800-842-3761**, email CMACounty.Insurance.service@mercerc.com, or visit CountyCMAMemberInsurance.com for more information.

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