



Welcome to the **November 2019** issue of *OCMA Connect*, our monthly publication focusing on issues specific to Orange County physicians. We hope you enjoy our newsletter and we welcome your input. Please send your comments, ideas or questions to Holly Appelbaum at [happelbaum@ocma.org](mailto:happelbaum@ocma.org).

## **CMA House of Delegates Wrap-Up**

The California Medical Association (CMA) recently convened its **148th annual House of Delegates (HOD) meeting** in Anaheim.

Over 500 California physicians debated and outlined a policy agenda on major issues that have been determined to be the most important issues affecting members, the association and the practice of medicine.

The association also installed its new officers, including **new CMA President Peter N. Bretan, Jr., M.D.**, a urologist and transplant surgeon who gave up his Bay Area practice to serve patients at a safety net hospital in Watsonville.

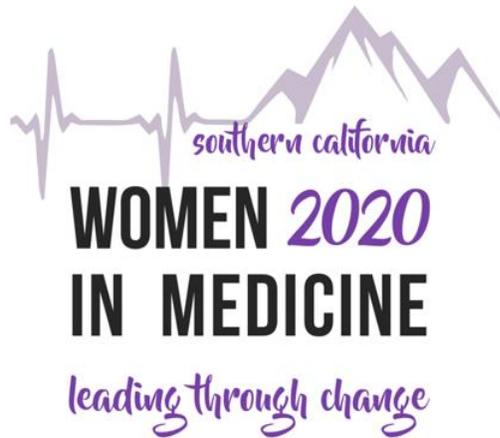
**The major issues** the delegates focused on this year were:

- **Augmented Intelligence (A.I.):** The delegates explored pragmatic solutions that address medical decision-making, new liabilities and privacy concerns inherent with augmented and artificial intelligence in health care, with a focus on keeping physicians at the center of health care delivery.
- **Homelessness:** Physicians witness the homelessness crisis in emergency rooms, clinics and on the streets of our communities. The delegates declared that stable and affordable housing is an essential community priority and an important social determinant of health. They also discussed evidence-based solutions that address the health care and social needs of those at risk of or experiencing homelessness.
- **Cannabis:** The delegates weighed in on pressing issues, including health impacts associated with cannabis use, public health protections, federal legalization, data and surveillance efforts, high-quality research, marketing and advertising practices, cannabis equity programs and more.
- **Adverse Childhood Experiences (ACE):** Recognizing that ACEs have a strong and life-long correlation to numerous health, social and behavioral problems, the delegates learned more about data collection, research and incorporating ACE screening practices into routine care.

**The final actions of the House of Delegates**, including newly established policies, are now posted at [cmadocs.org/hod](http://cmadocs.org/hod).

[Learn more](#)

Save the Date



Friday, March 20, 2020  
Hotel Irvine, 17900 Jamboree Road, Irvine, CA

In November 2018, the **first "Women in Medicine"** conference was a **big success** and attended by more than 115 women physicians, residents, medical students and even some high schoolers interested in a career in medicine. **Mark your calendars** now for the **"Women in Medicine 2020"** conference scheduled for **Friday, March 20th at Hotel Irvine**. More information with details to come!



## CD HEALTH ALERT

Critical Communicable Disease Information for Orange County Medical Providers

### Increase in Mumps Cases in Orange County

November 8, 2019

Since the beginning of 2019, 20 cases of mumps have been identified amongst Orange County residents. Three cases had onset in October. Median age of cases was 25 years (range 10 to 68 years), 60% were male. 16 (80%) out of 20 cases self-reported mumps virus immunization. 11 (55%) out of 20 cases had no history of international travel or contact with a known case, indicating local spread of mumps virus.

Neighboring counties have also reported recent increases in mumps cases. This week, [Los Angeles County](#) reported an outbreak in that county's Men's Central Jail. In July, [San Diego County](#) reported an increase of mumps cases particularly amongst ICE detainees.

[Learn More](#)

### New and Noteworthy: Books by OCMA Members

Many OCMA members are physicians who write more than prescriptions. OCMA has dedicated this space to promote new releases by OCMA members.

If you are a member of OCMA who recently has released a book that you would like to announce here, please forward your name, the title of your book and website for the book to Holly Appelbaum at [happelbaum@ocma.org](mailto:happelbaum@ocma.org).



## Richard S. Frankenstein, M.D. Has Been Awarded Mastership in the American College of Physicians

Richard S Frankenstein MD, MACP has been awarded Mastership in the American College of Physicians (ACP), the national organization of internists.



Dr Frankenstein, a solo practitioner in the specialty of Pulmonary Diseases in Orange County, California and later practiced Internal Medicine at Riverside Medical Clinic, a multi-specialty physician group, from 2009-2012.

[Learn more](#)

## Welcome New OCMA Members

### Anish Dube, M.D.

Psychiatry  
Orange

### Alexander Ghobadimanesh, D.O.

Psychiatry  
Ladera Ranch

### Shaista Malik, M.D.

Cardiovascular Disease  
Costa Mesa

### Richard Nguyen, M.D.

Family Medicine  
Orange

### Kashyap Trivedi, M.D.

Gastroenterology  
Los Alamitos

### Eric Tygenhof, M.D.

Urology  
Fullerton



## Navigate Adverse Outcomes, Claims, and Medical Malpractice Lawsuits



## Request Your Free Copy of *The Incident: A Physician's Guide to Navigating Adverse Outcomes, Claims, and Lawsuits*

An adverse patient outcome can happen to any physician at any time, no matter how diligent or skilled. All physicians should have a proactive plan for handling unexpected patient outcomes to help reduce the chances that more serious allegations can occur.

With the support and expertise of its risk management, claims, and legal teams, the Cooperative of American Physicians, Inc., (CAP) created *The Incident: A Physician's Guide to Navigating Adverse Outcomes, Claims, and Lawsuits* understand how to reduce the likelihood of legal action following an adverse event and know what to expect should a claim or lawsuit occur.

*The Incident* will help physicians:

- \* Recognize when an adverse event occurs
- \* Mitigate a negative situation before a malpractice claim is made
- \* Understand how to handle a claim
- \* Know what to expect if a claim turns into a lawsuit
- \* Cope with the stress associated with a claim or lawsuit

You are not alone if you experience an unexpected patient outcome.

Learn more about how CAP can support your practice by requesting your free copy of [\*The Incident: A Physician's Guide to Navigating Adverse Outcomes, Claims, and Lawsuits.\*](#)

Request it [here](#).

### Business Partner Profile



### Mercer Health & Benefits Insurance Services, LLC

The **Orange County Medical Association works with Mercer** as the broker and plan administrator for the **sponsored insurance programs**. Mercer offers best-in-class insurance to protect you, your practice, and your family!

**OCMA works with Mercer** and the insurance carriers to design and implement insurance plans that **meet the coverage needs of physician members**. Help support the practice of medicine by purchasing your insurance through OCMA's sponsored program. The following is a **brief overview of the insurance plans available to assist you:**

- \* Workers' Compensation
- \* Small Group Health Insurance
- \* Cyber Liability
- \* Individual and Family Health Insurance
- \* Business Owners Package
- \* Level Term Life Insurance
- \* Business Overhead Insurance
- \* Long-Term Care
- \* Long-Term Disability
- \* Dental

**Contact Mercer** for more information regarding your specific situation and needs, and to find out how you can increase coverage, reduce premiums, or both today!

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Call a **Client Advisor at (800) 842-3761**

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