



Welcome to the **October 2018** issue of *OCMA Connect*, our monthly publication focusing on issues specific to Orange County physicians. We hope you enjoy our newsletter and we welcome your input. Please send your comments, ideas or questions to Holly Appelbaum at [happelbaum@ocma.org](mailto:happelbaum@ocma.org).

**TICKETS ON SALE NOW!** [socialwomeninmedicine.com](http://socialwomeninmedicine.com)

THE INAUGURAL SOUTHERN CALIFORNIA WOMEN IN MEDICINE CONFERENCE IS HAPPENING THIS NOVEMBER!



**KEYNOTE**  
Susan Blumenthal, MD, MPA |  
Former Asst. US Surgeon General |  
Rear Admiral, USN |  
Sr. Advisor, US Dept. of Health &  
Human Services |



southern california  
**WOMEN 2018**  
IN  
MEDICINE  
leading through change

**TOP TIER PANELS**  
[Female Physician Leadership]  
[Advocacy & Political Engagement]  
[The Business of Medicine]  
[Wellness & Self Care]

November 9, 2018 | Hotel Irvine, Irvine, CA

## Message from OCMA President Paul Yost, M.D.

First off, **THANK YOU** for being a CMA/OCMA member! The challenges we face as physicians are so large that we need to pool our resources and work together. Your membership is valued and appreciated. **Together, we are stronger! Thank You!**

I had the honor of attending the **147th CMA House of Delegates** in Sacramento this past weekend. If you have never been, please try to attend at least one CMA HOD! It is really fun and even a little awe inspiring to meet with more than 500 people who share the same goals; **taking great care of our patients as medical doctors and advancing the profession of medicine.**



[Learn more](#)

## CMA's November 2018 Election Physician Voter Guide

**Election Day is just around the corner.** We hope that you will show up to the polls (or mail in that vote-by-mail ballot) and ensure that the voices of physicians and patients are heard loud and clear at the ballot box. [Click here](#) to see the **CMA-endorsed candidates** and recommended position on health care **propositions 4 and 8.**



## OCMA Member Receives CMA's Nye Award for Physician Health and Well-Being

Orange County psychiatrist **Nicolaas-John van Nieuwenhuysen, M.D.**, has been **awarded the CMA 2018 Gary S. Nye Award for Physician Health and Well-Being.** This annual award honors a CMA member who has **made significant contributions**

toward improving physician health and wellness. The award was presented today at CMA's annual House of Delegates meeting in Sacramento.

[Learn more](#)

## Report from the County of Orange Health Officer, Eric G. Handler, M.D., MPH

The Center for Disease Control and Prevention released its [Sexually Transmitted Disease \(STD\) Surveillance Report, 2017](#). This report shows data trends for STD cases in the United States. The report confirms sharp increases in cases, including Congenital Syphilis, with California representing one-third of cases in the nation. The number of STD cases in Orange County has mirrored this trend with the following increases from 2013 to 2017; Chlamydia 63%, Gonorrhea 141%, Early Syphilis 85% and Congenital Syphilis 175%.



The County of Orange Health Care Agency (HCA), Public Health Services prioritized this disconcerting trend in its [2018-2020, Public Health Services Strategic Plan](#). One strategy to combat this rise in disease, is to reduce the time for Disease Intervention Specialists (DIS), also known as Public Health Investigators, to interview patients diagnosed by community providers. The HCA has eleven DIS performing disease investigations. DIS investigate all early cases of syphilis, syphilis in women of childbearing age, pregnant women, all new cases of HIV and follow-up with individuals not receiving HIV care based on surveillance data.

[Learn more](#)

## New and Noteworthy: Books by OCMA Members

Many OCMA members are physicians who write more than prescriptions. OCMA has dedicated this space to promote new releases by OCMA members.



If you are a member of OCMA who recently has released a book that you would like to announce here, please forward your name, the title of your book and website for the book to Holly Appelbaum at [happelbaum@ocma.org](mailto:happelbaum@ocma.org).

## Business Partner Profile

### Lee & Associates



**Lee & Associates Commercial Real Estate** provides a broad mix of services focused on the **representation of medical professionals and their real estate requirements:**

- Office Relocations
- Lease Renewals
- Purchase/Sale Negotiations
- Project Leasing
- Opinions of Value
- 1031 Exchanges
- Investment Properties
- Financial Analysis

**Benefit:** Standard tenant representation at no cost to OCMA members. Any services, including landlord representation that would require compensation to be

paid by an OCMA member, would be entitled to a discount of our standard brokerage services fees by 15%.

**Contact:** Marshal Vogt - Lee & Associates Healthcare Advisory Group, 714-564-7117, [mvogt@lee-associates.com](mailto:mvogt@lee-associates.com)