



Welcome to the **October 2020** issue of *OCMA Connect*, our monthly publication focusing on issues specific to Orange County physicians. We hope you enjoy our newsletter and we welcome your input. Please send your comments, ideas or questions to Holly Appelbaum at happelbaum@ocma.org.

President's Message By: Jason Cord, M.D.



Summary of 2020 CMA House of Delegates

October the 24 was a unique day. It was the first time the California Medical Association **House of Delegates** met in a virtual format to **direct CMA policy and set our vision and focus** on the topics in the hearts and minds of physicians everywhere in California. The typical debate and parliamentary procedures that have been the hallmark of prior House of Delegates meetings had predominantly happened prior to the meeting in the form of online commentaries and email strings to shape strategy before the meeting. One might think that this had weakened the event, but I believe that, in these times, **this was an amazing display of the flexibility and resilience of our profession.** Our ability to adapt a two-day event into a four hour online, socially-distanced event is historic - as were the points of policy overview. For those that were not able to attend I think it is worth a **brief review of this momentous event's topics.** Broadly the meeting was broken into "Future of Medical Practice Post COVID-19" and "Pandemic Response and Preparedness."

[Learn more](#)

OC Health Care Agency Wants Everyone to Get a Flu Shot County makes sure getting the vaccine is easy and free



By: Clayton Chau, MD, PhD
Agency Director
County Health Officer
Orange County Health Care Agency

With flu season now upon us, the OC Health Care Agency (HCA) is already anticipating the **potentially devastating effects of a double whammy of influenza and COVID-19 cases** hitting in the fall and winter months and urges everyone to get a flu shot.

Recognizing all of the things that people are worried about such as paying bills and dealing with the stress of social isolation due to COVID-19, the HCA is launching a flu vaccine campaign designed to encourage people to get their flu shot so they have one less thing to think about. The tag line is "Don't worry about the flu, too" and drives people to the url: ochealthinfo.com/getyourflushot

[Learn more](#)

CalOptima Celebrates 25 Years in Orange County



Twenty-five years ago, when **CalOptima was launched on October 1, 1995**, no one could have envisioned the important role it would play in Orange County's health system. **Today, more than 20% of county residents rely on CalOptima for their health insurance.** COVID-19 and the economic fallout from the pandemic have placed the health of Orange County's vulnerable, low-income residents at greater risk. Since the pandemic began, nearly 3,100 CalOptima members have been reported as COVID-19 positive. **Conditions then and now underscore the importance of having access to quality health care coverage.**

[Learn more](#)

New and Noteworthy: Books by OCMA Members

Many OCMA members are physicians who write more than prescriptions. OCMA has dedicated this space to promote new releases by OCMA members.



If you are a member of OCMA who recently has released a book that you would like to announce here, please forward your name, the title of your book and website for the book to Holly Appelbaum at happelbaum@ocma.org.

Fulfill California's Sexual Harassment Avoidance Training Requirement

COOPERATIVE OF AMERICAN PHYSICIANS

Free Training to Fulfill California's Sexual Harassment Avoidance Requirements

Did you know that California employers with five or more employees are required to provide sexual harassment avoidance training for all employees by January 1, 2021?

Through the end of 2020, the **Cooperative of American Physicians, Inc. (CAP)** is pleased to offer you and your staff **complimentary access** to both a two-hour supervisory course and one-hour non-supervisory course to help your practice meet the fast-approaching deadline.

[Sign Up Now](#)

Until now, CAP has offered this free, on-demand course, which can cost hundreds of dollars elsewhere, exclusively to its physician members. **As part of our commitment to helping all physicians succeed in their practices, CAP is waiving the membership requirement** and recommends that your practice train your employees now and not wait until the end of 2020.

Once you sign up to take the course, you will receive specific instructions for you and your staff to enroll. Upon completion of the program, you will be able to save the **certificate of completion as a PDF that can be printed or saved to prove compliance.** These courses

are being offered to a select group of prospective CAP members, so we request that you do not share the link with any individuals outside of your practice.

CAP, a leading provider of medical malpractice coverage for California physicians, offers a wide array of risk and practice management benefits, such as these free programs, to its members.

To learn more about becoming a CAP member, please contact Tom Mortimer at 213-473-8790 or via email at TMortimer@CAPphysicians.com. Request an Instant Quote today to learn how much you can save on medical malpractice coverage with CAP.

If you are a CAP member and have questions about the training or general HR matters, please **call Nancy Brusegaard Johnson at 213-473-8664.**

Business Partner Profile

Morgan Stanley

Morgan Stanley

OCMA Investment Manager, Jim Moos is a Certified Financial Planner®, Certified Investment Management Analyst® and a Chartered Retirement Plans Specialist®. **His areas of focus are: Financial Planning, Investments, Estate Planning and Retirement Planning.**

Benefit: Complimentary financial planning review and discounts starting at 50% on investment advisory services for OCMA members.

Contact: **Jim Moos**, Senior Vice President, Financial Advisor
949-717-5484; <http://www.morganstanleyfa.com/themgroup/>

Be sure to join us on **November 5, 2020 at 6:30 p.m.** for a virtual presentation titled "**Retirement Planning Seminar by Morgan Stanley including potential impacts from the election**". [Click here](#) for more information and to register for this valuable seminar.

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